

# THIS DECADE:

These are the “big picture” goals that will possibly take several years to achieve.  
Under each goal, write the steps necessary to meet the goal.

1. \_\_\_\_\_

Details:

2. \_\_\_\_\_

Details:

3. \_\_\_\_\_

Details:

# THIS YEAR:

These are short-term goals as well as mini-goals that help you meet your “big picture” goals

1. \_\_\_\_\_

Details:

2. \_\_\_\_\_

Details:

3. \_\_\_\_\_

Details:

# THIS MONTH:

These are the micro-goals that are action oriented. These help you meet your yearly or long-term goals.

1. \_\_\_\_\_

Details:

2. \_\_\_\_\_

Details:

3. \_\_\_\_\_

Details: